

Day 7—Goodness Romans 12:9-21

Suggestions for Intercessory Prayer

Feel free to claim other promises as well. Remember, all of God's biddings are His enablings!

➤ **Praise God for His goodness toward you.**

Oh, how great is Your goodness, which You have laid up for those who fear You, which You have prepared for those who trust in You in the presence of the sons of men! You shall hide them in the secret place of Your presence from the plots of man; You shall keep them secretly in a pavilion from the strife of tongues. Ps. 31:19, 20

Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the Lord forever. Ps. 23:6

➤ **Praise God that a good man obtains favor of the Lord.**

A good man obtains favor from the Lord. Prov. 12:2

➤ **Praise God for specific situations in which you could see His goodness toward you.**

I would have lost heart, unless I had believed that I would see the goodness of the Lord in the land of the living. Ps. 27:13

➤ **Praise God that all things work together for the best for those who love God.**

And we know that all things work together for good to those who love God, to those who are the called according to His purpose. Rom. 8:28

➤ **Ask God for wisdom and understanding that you may do everything in the meekness of wisdom.**

Who is wise and understanding among you? Let him show by good conduct that his works are done in the meekness of wisdom. James 3:13

➤ **Ask God to show you how to manifest goodness toward your family members and your brothers and sisters in Christ.**

And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith. Gal. 6:9, 10

➤ **Ask God to help you show goodness to strangers.**

But do not forget to do good and to share, for with such sacrifices God is well pleased. Heb. 13:16

➤ **Pray that you will not take for granted the good things you receive and that God will remind you that everything good comes from Him.**

Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning. James 1:17

➤ **Pray that the Lord will teach you to see and appreciate His goodness.**

Oh, taste and see that the Lord is good; blessed is the man who trusts in Him! Ps. 34:8

➤ **Pray for increased interest in studying the books of Daniel and Revelation. Pray that people will understand and proclaim the sanctuary service as a beautiful explanation of the salvation**

process. Pray for clear focus on Christ and His work for us during His life on earth, His death on the cross, His resurrection, His current ministry for us in the Most Holy Place in heaven, and His soon second coming.

Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth. 2 Tim. 2:15

Now this is the main point of the things we are saying! We have such a High Priest who is seated at the right hand of the throne of the Majesty in the heavens, a Minister of the sanctuary and of the true tabernacle, which the Lord erected, and not man. Heb. 8:1, 2

➤ **Pray for increased participation and commitment in evangelistic outreach by all church members and institutions as they support the ongoing mission of the church.**

Let your light so shine before men, that they may see your good works and glorify your Father in heaven. Matt. 5:16

➤ **Pray for the establishment of thousands of “centers of influence,” especially in large cities around the world, and pray that these centers make a huge difference in people’s lives as they experience God’s truth through Christian service.**

You are the salt of the earth; but if the salt loses its flavor, how shall it be seasoned? It is then good for nothing but to be thrown out and trampled underfoot by men. You are the light of the world. A city that is set on a hill cannot be hidden. Nor do they light a lamp and put it under a basket, but on a lampstand, and it gives light to all who are in the house. Let your light so shine before men, that they may see your good works and glorify your Father in heaven. Matt. 5:13-16

➤ **Mission to the Cities—Pray for the Southern Africa-Indian Ocean Division and the cities they are trying to win for Christ: Luanda, Angola; Antananarivo, Madagascar; Lilongwe, Malawi; Maputo, Mozambique; Saurimo, Angola; Bloemfontein, South Africa; Lubango, Angola; Kitwe, Zambia; and Harare, Zimbabwe. Pray also for the Southern Asia Division and the cities in India they are trying to win for Christ: Mumbai, Kochi, Bidar, New Delhi, Coimbatore, Surat, Imphal, and Vijayawada. Pray that God’s Word will bear fruit.**

So shall My word be that goes forth from My mouth; it shall not return to Me void, but it shall accomplish what I please, and it shall prosper in the thing for which I sent it. Isa. 55:11

➤ **Pray for any personal needs or anything on your heart.**

Delight yourself also in the Lord, and He shall give you the desires of your heart. Ps. 37:4

➤ **Praise God that He delights to answer your prayers and that He is going to answer at the right time and in the right way.**

Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them. Mark 11:24

At the end of prayer time you may want to form groups of two or three and pray for the seven people that you have on your list. Pray that they will see God’s goodness and will want to have it in their hearts and reflect it to others. Claim Matthew 12:35 for them: “A good man out of the good treasure of his heart brings forth good things, and an evil man out of the evil treasure brings forth evil things.” If you have a personal prayer request that you are not comfortable praying about in the large group, feel free to share with your partner and pray about it together.

Suggested Songs

“God Is So Good”; “Jesus Loves Me” (*SDA Hymnal* #190); “Day by Day” (*SDA Hymnal* #532); “I Need Thee Every Hour” (*SDA Hymnal* #483); “Leaning on the Everlasting Arms” (*SDA Hymnal* #469).

Ellen White on Goodness
But the fruit of the Spirit is . . . goodness.—Gal. 5:22

True goodness is accounted of Heaven as true greatness. The condition of the moral affections determines the worth of the man. A person may have property and intellect, and yet be valueless, because the glowing fire of goodness has never burned upon the altar of his heart.

Goodness is the result of divine power transforming human nature. By believing in Christ, the fallen race he has redeemed may obtain that faith which works by love and purifies the soul from all defilement. Then Christlike attributes appear: for by beholding Christ men become changed into the same image from glory to glory, from character to character. Good fruit is produced. The character is fashioned after the divine similitude, and integrity, uprightness, and true benevolence are manifested toward the sinful race.

The Lord has placed every human being on test and trial. He desires to prove and to try us, to see if we will be good and do good in this life, to see if he can trust us with eternal riches, and make us members of the royal family, children of the heavenly King.

There is no limit to the good you may do. If you make the Word of God the rule of your life, and govern your actions by its precepts, making all your purposes and exertions in the fulfilling of your duty a blessing and not a curse to others, success will crown your efforts. You have placed yourself in connection with God; you have become a channel of light to others. You are honored by becoming co-laborers with Jesus; and no higher honor can you receive than the blessed benediction from the lips of the Saviour: "Well done, good and faithful servant" (*My Life Today*, p. 54).

Questions for Personal Reflection

1. In what ways have you seen God's goodness in your life recently? Take some time to thank God for what He has done.
2. What can you do to reflect the same goodness to others? Ask God to show what can you do and to give you the strength to reflect His goodness to others.



**Let's
Pray!**